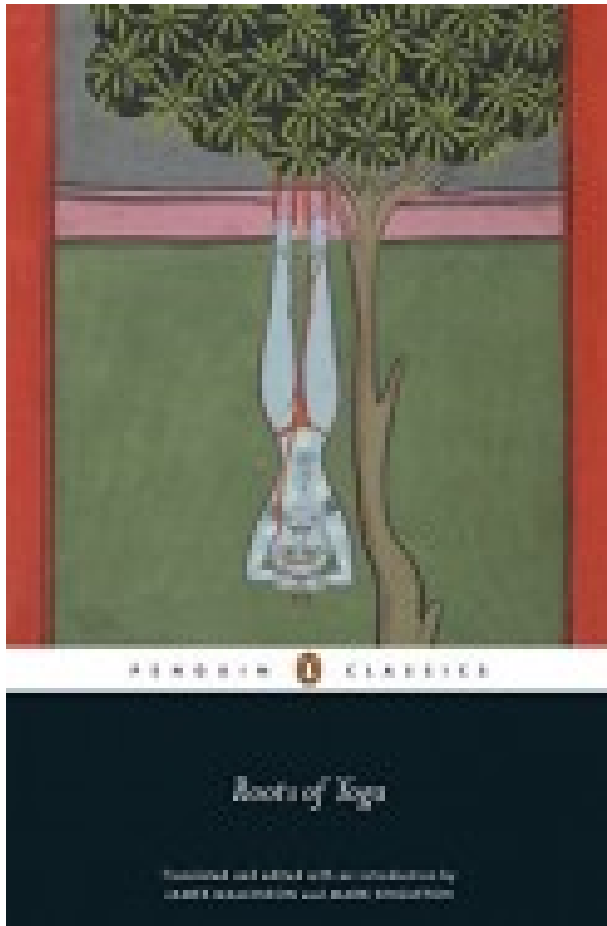


Roots of Yoga



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'Yoga is to be known through yoga. Yoga arises from yoga. One who is vigilant by means of yoga delights in yoga for a long time' Yoga is hugely popular around the world today, yet until now little has been known of its roots. This book collects, for the first time, core teachings of yoga in their original form, translated and edited by two of the world's foremost scholars of the subject. It includes a wide range of texts from different schools of yoga, languages and eras: among others, key passages from the early Upanisads and the Mahabharata, and from the Tantric, Buddhist and Jaina traditions, with many pieces in scholarly translation for the first time. Covering yoga's varying definitions across systems, models of the esoteric and physical bodies, and its most important practices, such as posture, breath control, sensory withdrawal and meditation, Roots of Yoga is a unique and essential source of knowledge. Translated and edited with an introduction by James Mallinson and Mark Singleton

Moderne møbler og interiørbutikk med produkter fra de beste danske, italienske og tyske designere: futon senger i japansk stil, tatami senger, singel og dobbel. Alt du trenger å vite om festivaler – året rundt. Hjem; Norske festivaler; Utenlandske festivaler; Om tjenesten; Norske festivaler.

Her finner du en komplett. Slottsfjell 2015 Med en av Norges mest spektakulære festivalarenaer ønsker vi deg

hjertelig velkommen til Slottsfjell 2015. Festivalen arrangeres midt i. KONTAKT OSS. E-post
post@kinosor.no E-post blir besvart mandag til fredag mellom 08.00 og 15.30. Telefon dagtid 38 10 42 00
(hverdager 08.00 – 15.30)