

From the Source - Spain



Sprak:	Engelsk
Kategori:	E-bøker
Forfatter:	Lonely Planet
Serie:	Lonely Planet
Antall sider:	272
ISBN/EAN:	9781760340766
Utgivelsesår:	2016
Forlag:	Lonely Planet Publications Ltd

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Lonely Planet: The world's leading travel guide publisher Lonely Planet presents Spain's most authentic dishes - direct from the kitchens where they were perfected. From family bakers to Michelin-starred chefs, Spain's best local cooks share their passion for food and their region's classic recipes - from tapas, pastries and cakes to soup, salads, stews, roasts and fresh seafood dishes. Recipes include: * Escalivada - chargrilled vegetable salad * Lubina a la Mallorquina - Mallorcan-style sea bream * Paella Valenciana - chicken and rabbit paella * Cochinillo - suckling pig * Lechazo - roast lamb * Churros - fried dough sticks with chocolate * Pintxos - Basque tapas * Fabada Asturiana - Asturian bean stew * Gazpacho - chilled tomato soup * Tarta de Santiago - St James cake And more! In recent years regional Spanish cuisine has won attention and praise thanks to award-winning restaurants in Catalonia and the Basque Country (some of these restaurants are featured in From the Source Spain). Food in Spain is very closely connected to the country's regions, with local specialities based on regional ingredients, whether that's seafood, meat or vegetables.

As a result, there's no better way of getting to know Spanish culture than through its food (and wine). From the Source Spain is the key that unlocks Spain's culinary secrets. With 60 recipes by leading local chefs, it takes us through this fascinating country, rich in history.

We travel from Barcelona's fashionable bars for Catalan cooking to the getaway island of Mallorca (home of unique black pigs), then to the central heartlands around Madrid where tasty stews and roast lamb dominate. In the northwest regions of the Basque country, Asturias and Galicia, we discover Spain's most adventurous and contemporary cooking, as ambitious chefs conjure up new twists on classic dishes. And in the sun-drenched south of Spain we encounter interesting flavours and reminders of the Moors.

Hailed as 'a future classic', this series of books connects home cooks with the traditions of each country's regions. There are dishes for every ability, from artful pintxos snacks to simple and filling stews and soups.

There is no better way to recapture those travel memories than by exploring this book. Every recipe features an expertly written introduction and amazing and original on-site photography.

Meet the chefs, encounter the region and history, see the food, and try the recipe! Also check out: *From the Source - Japan *From the Source - Italy *From the Source - Thailand About Lonely Planet: Started in 1973, Lonely Planet has become the world's leading travel guide publisher with guidebooks to every destination on the planet, gift and lifestyle books and stationery, as well as an award-winning website, magazines, a suite of mobile and digital travel products, and a dedicated traveller community. Lonely Planet's mission is to enable curious travellers to experience the world and to truly get to the heart of the places they find themselves in. TripAdvisor Travelers' Choice Awards 2012, 2013, 2014, and 2015 winner in Favorite Travel Guide category 'Lonely Planet guides are, quite simply, like no other.' - New York Times 'Lonely Planet. It's on everyone's bookshelves it's in every traveller's hands. It's on mobile phones.

It's on the Internet. It's everywhere, and it's telling entire generations of people how to travel the world.' - Fairfax Media (Australia)

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12. oktober 1492 kom Kristoffer Columbus' flåte på tre skip fram til Amerika. Utdragene nedenfor fra Columbus' dagbok. Det er mer populært enn noensinne å dele våre kulturelle opplevelser, matopplevelser, sosiale events, familie og venner, reiseopplevelser og så videre, og så videre. Denne bloggen finnes ikke lenger! Hei, denne bloggen ble lagt ned april 2017. Takk for følget! Tirsdag kveld ble det oppnådd enighet mellom Norsk olje og gass og Industri Energi på Oljeserviceavtalen, og med Safe på Brønnserviceavtalen. Nå kan du slappe av mens robotgressklipperen fra GARDENA gjør jobben for deg. En perfekt plen til alle tider. Reservedeler er tilgjengelige. Hjelp oss i kampen for å redde elefanten fra utryddelse - bli elefantfadder! Norges teknisk-naturvitenskapelige universitet. Campuser i Trondheim, Gjøvik og Ålesund. NTNU har 39000 studenter og hovedansvar for den høyere.